



Community leaders learn about meth in Indian Country

By Dana Attocknie
Managing Editor

Methamphetamine. It’s everyone’s problem.

“It’s not just a law enforcement problem, it’s a community problem,” James Finch, FBI special agent, said. “It’s a war we’ll continue to fight.”

Finch, who’s in charge of the Oklahoma City field office, said he has formed two task forces, one in Oklahoma City and one in Tulsa

called Safe Streets. The task force members come from state, federal, local and tribal police offices.

“Working in a unified manner; that is how we are addressing the methamphetamine problem,” Finch said.



Walter Lamar

In order to inform and help citizens unify at the community level Lamar Associates and the U.S. De-

partment of Justice (DOJ), Community Oriented Policing Services (COPS), held a seminar titled *Indian Country anti-meth training: A collaborative approach* on Jan. 12 and 13, 2009 at the Sheraton Hotel in downtown Oklahoma City.

“Our goal is to serve Indian Country. We recognize that meth is devastating Indian Country,” Walter Lamar, Lamar Associates president and CEO, said.

Lamar said some people have said a whole generation will have to be written off because of meth, but Lamar said Indian people never write people off.

Therefore, experts such as Steven Juneau, Ronald Glensor, Joe Rosen and Lamar taught the two-day training.

Juneau, Lamar Associates vice president, has worked as the Indian Police Academy deputy chief, Bureau of Indian Affairs (BIA) special agent in charge, BIA police officer and a tribal police officer.

Rosen, a former FBI and U.S. Customs special agent, served as the National Native American Law Enforcement Officers Association general counsel.

Lamar served as an FBI special agent, BIA – Office of Justice Services deputy director, and the Department of Interior, Office of Law Enforcement and Security, senior advisor to the director.

Other guest speakers included Finch

and William Citty, Oklahoma City chief of police.

“There are different experiences in this room and in Indian Country,” Lamar said.

Approximately 65 people attended the training representing different tribes as well as local, state and national agencies. Some attendees traveled from Arizona and South Dakota. Several Cheyenne and Arapaho tribal employees were also present.

“In Indian Country we’re short on resources and high on problems,” Lamar said. “We all still share that common bond of being native. When you boil it right down, we’re all the same

See meth, page 10

Elder Care changes

Dear Tribal Elders:

On behalf of the Cheyenne and Arapaho tribes Office of the Governor, Executive Office, and Elder Care Program, we offer you the following information pertaining to the Elder Care Program and the changes that have occurred over the past few months.

The Elder Care Program currently serves tribal elders age 55 and over.

The program can assist with food vouchers, utility services, gas cards, rent, and emergencies on a case by case basis, **based on a demonstrated need**.

This need is determined by the elder submitting income verification including: Social Security, Disability, TANIF, any other income sources by Government Agencies.

At this point the Elder Care Program is using the Department of Health and Human Services Guidelines to determine need.

In the past the program was providing service to all tribal elders without documentation of need, this has been determined by the IRS to have potential negative affects on some tribal elders.

When an elder receives food vouchers and any other types of financial assistance from the tribes, and they are also receiving federal assistance, this can possible cause the elder to be cut off of their federal/State assistance i.e. food stamps, social security, etc.

The Office of the Governor and the Elder Care Program are currently looking at ways in which to help more elders with needs that will not put them in jeopardy of losing other state and federal assistance they are currently receiving.

The Elder Care Program would like to encourage all tribal elders who have a demonstrated need to provide the income verification documents so a need can be determined.

The program is provided to serve a valuable and needed service to tribal elders and will assist any way possible to help elders with the application process. The Elder Care Program has moved its offices to 929 S. Country Club Rd, El Reno, Okla. The hours of operation are Monday thru Thursday, 9 a.m. to 3 p m., closed on Fridays.

Submitted article

In 2007, the Cheyenne and Arapaho tribes’ Roads Program submitted a grant application for “start-up” costs for the Tribal Transit Program offered through Federal Transit Authority (FTA).

From approximately 1995 thru 2000 the tribes’ operated a transit program through the state, however the tribes’ can now operate their own transit programs directly through FTA without subjecting to state oversight.

The tribes’ were unsuccessful in a 2007 grant application and in 2008 applied for a “planning” grant for a Tribal Transit Program.

The tribes’ Roads Program was successful this time around and the tribes’ received a Notice of Award.

Therefore, the Roads Program shall be responsible for a small contribution toward this planning phase/costs.

This phase will consist of developing policies, procedures, and guidelines under which the tribes’ transit program will be administered under.

To follow-up, the Roads Program, shall in 2009, apply for the “start-up” grant and “enhancement” grant offered through FTA to further sustain a Tribal Transit Program.

It is the goal of the Roads Program to have the Cheyenne and Arapaho Tribal Transit (CATT) up and running its services by 2010.

Routes, fares, and types of services shall be determined based on tribal needs, demands, and an area-wide survey will also be distributed throughout the tribes’ service area.

Community meetings to offer information on tribes progress

The Office of the Governor and the Executive Office would like to invite all tribal members to community meetings that will be held in your area. The meetings will be held during the month of February and will provide valuable information pertaining to the progress the tribe has made over the past few years, tribal finances, Elder Care Program, Economic Development, and other pertinent information.

These meetings will be an opportunity for the governor, executive staff, and ex-

ecutive directors of the tribe to provide a status report on the current state of the tribe and programs.

Follow up community meetings (listening meetings) will be held in each community in March and April to allow tribal members the opportunity to speak and ask questions in more depth and detail. All meetings will begin at 6 p m. with a meal being served. Below is a list of dates, times and locations for each community.

Communities	Date	Time	Place
Concho, El Reno, Kingfisher	Tuesday, Feb. 3, 2009	6 p m.	Concho Community Building
Geary Community	Thursday, Feb. 5, 2009	6 p m.	Geary Community Building
Seiling and Woodward	Tuesday, Feb. 10, 2009	6 p m.	Seiling Community Building
Clinton, Weatherford, Thomas, Colony	Thursday, Feb. 12, 2009	6 p m.	Frisco Conference Center
Elk City and Hammon	Tuesday, Feb. 17, 2009	6 p m.	TBA
Watonga	Thursday, Feb. 19, 2009	6 p m.	Watonga Community Building
Canton and Longdale	Tuesday, Feb. 24, 2009	6 p.m.	TBA
Oklahoma City Area	Thursday, Feb. 26, 2009	6 p m.	Clarion Hotel 737 S. Meridian-Oklahoma City

Update on Health Education Program

In addition to the 36 month prison term, Friot ordered Bullcoming to serve three years of supervised release upon his release from prison and pay restitution of \$101,585.68 to the tribes. Friot ordered Bullcoming to report to the Bureau of Prisons on Feb. 18, 2009, to begin serving his sentence.

With health issues that addressed the fol-

Health promotion/disease prevention health priority refers to prevention activities related to healthy lifestyle choices. That included infectious diseases such as HIV/AIDS, tuberculosis, the flu, hygiene and other health issues such as smoking cessation and environmental tobacco smoke.

You may contact the Cheyenne and Arapaho tribal Health Education program for any questions or concerns at (405) 422-7676.

To all person with disabilities living in the following counties: Beckham, Blaine, Canadian, Custer, Dewey, Kingfisher, Major, Roger Mills, Washita, Woodward and Ellis county. The Cheyenne and Arapaho Tribes Vocational Rehabilitation program

This policy review will take place from 10 a.m. to noon Feb. 26, 2009, and the case review will be from 1 p.m. to

3:30 p.m. at the Cheyenne and Arapaho
Technology and Innovation (CATI) 1621
B East Hwy #66 El Reno, Okla. Located
on the Westside of the Canadian Square
Shopping Center. If you have questions,
call (888) or (405) 422-7617.

Frederick Blackbear, Chairman
Cheyenne and Arapaho Tribes Election Commission

01/03/2009 MON 9:54 FAX 5802725512 C.N. CHILD ENFORCEMENT @002/002
01/03/2009 MON 9:54 FAX 5802725512 C.N. CHILD ENFORCEMENT No. 0197 P. 2002/002

CHEYENNE-ARAPAHO TRIBES
OF OKLAHOMA
FILED
IN THE COURT
JAN 02 2009

IN THE TRIAL COURT OF THE
CHEYENNE AND ARAPAHO TRIBES
CONCORD, OKLAHOMA

DOCKET PAGE
FILED IMAGE
COURT CLERK
DEPUTY

KELLY RISHSEL *now* KILLSNIGHT,)
)
PLAINTIFF,)
)
vs.)
)
TRIBAL CHILD SUPPORT SERVICES,)
EXHIBIT,)
GEORGE A. RISHSEL,)
)
DEFENDANT.)

CASE NO. CNA-JFD-90-DE
PG# 34323001

GEORGE A. RISHSEL
CUSTODIAN

KELLY RISHSEL *now* KILLSNIGHT
OBLIGOR

NOTICE BY PUBLICATION

STATE OF OKLAHOMA TO: KELLY RISHSEL *now* KILLSNIGHT

TAKE NOTICE that you have been sued for Petition to Determine Support Arrears and
Reduce in a Judgment and for a Motion for Income Assignment on Per Capita Income in the Court
listed above by the Defendant. You must appear in the Trial Court of the Cheyenne and Arapaho
Tribes, Concord, Oklahoma on the 21st day of January, 2009 at 9:00 a.m., or the Petitioner will be
taken as true and the court will find in favor of the Defendant for actions sought and an order will be
granted in favor of the Defendant.

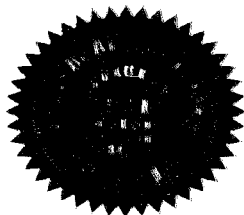
Given under my hand and seal this 2nd day of January, 2009.

Debbie Hill, COURT CLERK
Trial Court of the Cheyenne and Arapaho Tribes
By
(Deputy)

April B. Buck
April B. Buck, OGLA #1891
P.O. Box 1809
Ada, Oklahoma 74820
Telephone: 580/436-3419
Fax: 580/272-3512
ATTORNEY FOR TRIBAL CHILD SUPPORT ENFORCEMENT

Case No: CIV-2008-0016

SO ORDERED.



(Bob A. Smith
Chief Judge Bob A. Smith
Cheyenne and Arapaho Trial Court

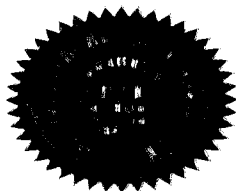
JAMES W. PEDRO, SR.,)
 Petitioner)
 vs.)
 LEA E. SCHANTZ,)
 Respondent)

The Cheyenne and Arapaho Tribes to: LEA E. SCHANTZ

TAKE NOTICE, that you have been sued by the filing of a Petition on October 17, 2008, in the Trial Court of the Cheyenne and Arapaho Tribes, State of Oklahoma, by the Petitioner, James W. Pedro, Sr., for Dissolution Of Marriage on the grounds of adultery, habitual drunkenness, and you have until the 8th day of February, 2009, to answer said Petition; You may appear at the Final Hearing set on the 9th day of February, 2009 at 9:00 A.M., at the Courthouse, 700 N. Black Kettle Boulevard, Concho, Oklahoma or the petition will be taken as true and judgment will be rendered for the plaintiff granting her a decree of divorce, that there are no community debts or property in which to divide, that there is one child born to the marriage, which the Petitioner request that he be granted custody of the minor child and that the Respondent be granted reasonable visitation with the child according to the Standard Visitation Schedule, that each party keep their respective personal property now in their possession and that all debts accrued by each individual be the responsibility of each party effective on the date of the filing of the Petition For Dissolution Of Marriage.

Issued this 6th day of January, 2009.

Petitioner:
Mr. James W. Pedro, Sr.
603 South Evans, #4
El Reno, OK 73036




Lena Marquez, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

Cheyenne and Arapaho

Oklahoma Press Association member



Native American Journalist Association member

Open, News Clerk/Reporter
(405) 422-7445 open@c-a-tribes.org

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(405) 422-7445 open@c-a-tribes.org

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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - \$25; Enrolled C & A tribal members - FREE

DEADLINES: *The Tribal Tribune* is published on the 1st and 15th of each month. The deadline for the 1st issue is the 23rd of the previous month and the deadline for the 15th issue is the 8th of that month.

Honor dance to be held for miss, junior, little miss Indian Oklahoma City

Submitted article

On Feb. 14, 2009, Valentines Day there will be an Honor Dance for three sweethearts, Courtney Tsotigh-Miss Indian Oklahoma City, Raven Morgan-Jr Miss Indian Oklahoma City- and Andrea Parnacher-Little Miss Indian Oklahoma City. The dance is being sponsored by the parents of all three girls.

Jr Miss Indian Oklahoma City is Raven Mamie Morgan. Raven is Cheyenne, Arapaho, Pawnee, and Otoe. She is the 13-year-old daughter of Victor and LaRenda Morgan.

She is the granddaughter of Mildred “Micki” Black (Cheyenne and Arapaho) of El Reno. She is also the great granddaughter of the Rev. Joann Black-Williams (Cheyenne) of El Reno and the late Edward Lumpmouth Black (Arapaho). Morgan has served previously as the 2007 Oklahoma Indian Biker Princess, which is an all-native motorcycle club, who provide community service and support for veterans in Oklahoma. In March 2008, she competed in the Changing Winds Cultural Society yearly competition and won Best Tribal Dress, Best Tribal Greeting, Best Tribal Talent and the title of Jr. Miss Indian Oklahoma City.

Morgan would like to thank her parents and grandma Micki and aunties and family and friends who supported her throughout her reign and during her competition and performances. She worked hard to earn her title and would like to encourage all young native ladies and gentlemen to strive for your goals. Whether it be a sport, singing, dancing, bead-

ing or anything you want to be. Work hard and don’t give up. God bless you all!

She also encourages all and any Cheyenne and Arapaho young ladies living in the El Reno/Oklahoma City metro area to compete in the upcoming competition because it is a fun and rewarding experience.

Little Miss Indian Oklahoma City is Andrea “Andi” Parnacher. Parnacher is the 6-year-old daughter of Randy and Cheryl Anquoe-Parnacher.

She is an enrolled member of the Kiowa Tribe of Oklahoma and is also Chickasaw and Choctaw. Parnacher and her family are from Moore, Okla. and she is in the first grade and the youngest little lady to ever hold the Little Miss Indian OKC title.

Miss Indian Oklahoma City is Courtney Adelle Tsotigh. She is a member of the Kiowa Tribe. Her Kiowa name is “Tah-law T’Auh-bah” meaning “Looking at the Person Wide-eyed.” Given to her by her grandfather, the late Rev. Jacob Sherwood Tsotigh Sr. She is the daughter of John and Reta Tsotigh. Tsotigh is a junior at Oklahoma City University studying Kinesiology & Sport Science.

Her message to native youth is, “Love the unique person you are created as, never give up, face every obstacle and make the impossible possible. Make the most of each new day and all your beautiful blessings. Most importantly never lose sight of where you come from, be true to yourself and your creator and have fun.” Join the families as they honor these young ladies for a successful year of representing



Courtesy photo

Courtney Tsotigh-Miss Indian Oklahoma City., Raven Morgan-Jr Miss Indian Oklahoma City. and Andrea Parnacher-Little Miss Indian Oklahoma City.

the organization, their tribes, families and self as positive role models for the native youth and tribal communities.

If your daughters or granddaughters are interested in competing in the upcoming competition please contact Shirley Wapskineh at (405) 632-5227 or swapskineh@sbcglobal.net

for details and an application.

Application deadline is early March and the competition and performance is at 6:30 p.m. Friday March 27, 2009 at Destiny Christian Center, 3801 SE 29th St., Del City, Okla. Contestants will compete in tribal dress, tribal greeting and traditional talent categories.

Is Love Earned

Chapter 2 in a continuing series

By Matheson J. Hamilton

In the early spring morning Afraid of the Dark stretched and felt the last cold finger of winter in the melting snow that was still on the ground.

They had a good sweat last night and Afraid of the Dark knew that prayers would be answered. The sweat had cleaned him physically, mentally and spiritually, and he was ready for anything that the new day had to offer.

He looked about and saw the camp too was getting ready for this new day. Camp fires were being lit and women were gathering more wood. He loved waking up early and smelling the smoke of camp fires.

Was there anything else so beautiful in this world than waking up to the sunrise and the smell of camp fires and the camp crier telling everyone to get ready for the new day?

Afraid of the Dark was a young warrior of 15 seasons, who had earned his status in the tribe the year before by receiving an eagle feather for bravery as a guard of the camp. Afraid of the Dark loved this spring camp and all the big mountains around the valley, but knew they would be moving in a month or two as game was getting scarce.

At least at the summer camp it was beautiful too with the higher elevations and the cool rivers coming from the snow on the mountains. It was a time in his life now that he was experiencing different feelings.

He liked the feeling of having responsibility and the feeling of people believing in him. He just didn’t understand a new confused feeling he had whenever a beautiful young maiden named Falling Leaf came around or when she left.

He always made sure he was at the stream the same time that she was, but was afraid to be alone with her so he would only talk to her when other people were around.

One day he met her when she was bringing water up the path to her camp and he told her how he felt.

He also said when we were growing up together we always had fun, but now you are different yet are the same. My feelings have not changed but I’m confused and have trouble talking to you because you never answer me.

Falling Leaf said I’m the same as you, the reason I don’t talk is because of the way you look at me now. The reason I look at you the way I do is because you are beautiful and in my heart I have always loved you and now want to ask your father for you in our tribal war.

Falling Leaf said because of my feelings for you Afraid of the Dark I’ll agree with anything you want but as you know I have to do what my father says.

So Afraid of the Dark went to her father and asked for Falling Leaf. Her father Lone Elk said

there have been three other warriors here asking the same thing.

I have seen you and Falling Leaf growing up together and you would make me proud to have you in my family.

The other warriors are older and have other wives, so, Afraid of the Dark if you truly love my Falling Leaf I want you to wait until next summer. Then bring me 14 horses; one for each moon that you have waited; and my son, you will not be disappointed. As I give you my word that Falling Leaf will be here for you.

So Afraid of the Dark went and told Falling Leaf what was said. She got so excited she grabbed and hugged him then kissed him and let him go.

Afraid of the Dark jumped back with a scared look on his face. He had never been kissed by a girl before and it was great he thought.

He said Falling Leaf are you alright? What’s wrong with you? Falling Leaf said I am so happy and I can’t wait. Afraid of the Dark aren’t you happy? He said yes.

With that Falling Leaf kissed him again and ran off to her camp. Her words “I can’t wait” were in his head. For what he wondered, more confused than ever. Is she touched? I will ask my aunt when I get back to our camp. She will tell me.

The next morning Afraid of the Dark talked with his aunt and she told him that it was all okay. Falling Leaf was not touched, in fact, when she was being courted by his uncle she acted a lot like Falling Leaf.

She also told him that his confused feeling was love and he would have more feelings of love for Falling Leaf, also his and her friends and family.

He wished his parents were still here, but they had been taken away in the river when he was very young. Afraid of the Dark and his two brothers had been raised by their aunt and uncle. Now speaking quietly with his aunt was to him like speaking to his mother.

His aunt was excited for him and said in a year you will have your own family. That is why your uncle and I have let you and your brothers make you own decisions. We have always been here for you and always will. I know you will be happy with Falling Leaf.

She said it is settled now go hunting with your brothers so we can have meat when we go to the summer camp. She also told him his uncle said the leaders want the whole tribe to be ready to move in two weeks not two months as the soldiers were building a fort one week ride west of their spring camp.

Other tribes that made treaties with the white man say they break treaties by saying one thing and doing another when it suits them.

While they were hunting Afraid of the Dark saw a large elk near a pond. When he drew his



AMERICAN LEGION
POST 401

BENEFIT DINNER

JANUARY 23, 2009
5pm-8pm

Door prizes!

Bake Sale!

ALL YOU CAN EAT
--FIESTA TACO NIGHT--



\$5.00 per person
\$3.00 children 12 and under

Location: El Reno Fairground
Educational Building
220 N. Country Club Road



VETERANS pay half price

ATTENTION:
All American Legion Members!!!!

It’s that time of the year to pay your annual dues. I know many of you have already paid for this year. Your cards will be given out at our next meeting Jan. 15, 2009. If you have any questions please call me at (405) 422-7691, concerning this or other matters. Remember this is your legion post.
Marvin F. Wilson, post commander, Post 401

Veterans PTSD Group

Meets at 4 p.m. every Wednesday at the education building
For more information contact the Office of Veterans Affairs at (405) 422-7691.

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Leaf and only the future can tell if it will last. The same is true with you two White Bird and Yellow Dog. You will find maidens in the near future.

Do not put your wives on clouds for you will not be able to reach them and they will look down on you. But treat your wives and children with love and respect because the first thing the creator will ask you is, how did you treat your family?

Remember that all people love different things in life, but the true meaning of love, I think, is not who or what you love but what or who loves you. Now go and live your lives, but base them on love.

George Hawkins Memorial
Treatment Center

10320 North Airport Road,
Clinton, OK 73601

The Substance Abuse Program
can be contacted at (580) 331-2370
or by dialing toll free (800) 247-4612
extension 32370.

For information by e-mail, contact
Nicolas Barton at nbarton@c-a-tribes.org or Director Harold Spradling at hspradling@c-a-tribes.org.

ELDERS DAY OUT

Inviting Cheyenne & Arapaho Tribal Elders!
Wednesday, January 28, 2009

Red Earth Museum
(Science Museum Oklahoma)
Oklahoma City, Oklahoma
10:30 a.m.-2:30 p.m.

LUNCH WILL BE PROVIDED!

TRANSPORTATION
WILL BE PROVIDED!

REGISTER BY
JANUARY 22, 2009

TO REGISTER CONTACT
THE R.E.S.P.E.C.T. OFFICE
AT 1-800-247-4612
EXT. 27578 OR
405-422-7578!

Tribal Tidbits



Mrs. Janice and Ms. Choya teach the Clinton head start students about the buffalo box.



Courtesy photos
Students smell, touch and feel items inside the buffalo box.



Photos by Rosemary Stephens

Department of Education Assistant Executive Director Jim Archer, instructs head start teachers from Canton, Clinton and Concho on techniques for teaching the children Cheyenne and Arapaho languages on Jan. 2, 2009



Ellisa Bartholdi (!) and Annette Forrest, Clinton head start teachers learn teaching language techniques for their students.

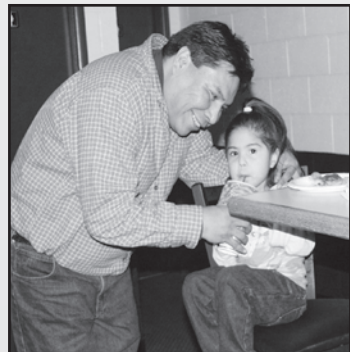
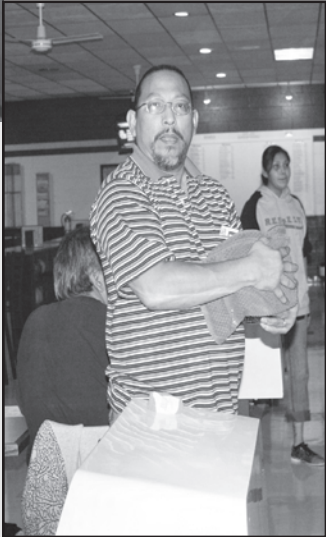


Nakalya Lumpmouth, Abraham Pedro and Dr. Henrietta Mann attend language teaching techniques.



Tracy Rutz, a Lucky Star Casino employee throws her arms up in victory.

Cheyenne and Arapaho tribal members and employees relax and have fun weekly as they participate in the bowling league sponsored by the R.E.Sp.E.C.T. program.



Thomas Fasthorse, personnel department, feeds Brandy Fasthorse some pizza, furnished by the R.E.Sp.E.C.T. program, as he waits his turn to bowl.

Photos by Rosemary Stephens
Tim Mosqueda, Lucky Star Casino employee, gets ready to throw a strike.



Photos by Rosemary Stephens

Concho Child Development Center hosts University of Oklahoma (OU) appreciation day on Thursday, Jan. 8, 2009.

Standing left to right: Alex Reed, Angel Guzman, Seneca Jones, Michael Haag, Tina Ortiz, and Johnny Morris.

Sitting left to right: Terry Guzman, Jerin Methvin, Giles Whitecloud, and Jurnee Botone.



Jurnee Botone wearing her number one O.U. jersey.



Terry Guzman and Jerin Methvin show off their O.U. jackets.

Graduation assistance is available

Submitted article

Cheyenne and Arapaho students/members/high school and college seniors who will be eligible to graduate in May 2009, we have \$100 graduation assistance available for you.

All you need to do is send FOUR documents.

Mail the documents to:
Gaming-Higher Ed Program, PO Box 38, Concho, OK 73022.

Required items are:

1. A letter from your school registrar stating you have enough credits to graduate with your Class of 2009.
2. A Cheyenne and Arapaho CDIB (tribal enrollment verification),
3. An invoice for the item you are requesting payment for, with vendor address listed, (all payments will be paid directly to the vendor).
4. A completed Gaming-Higher Education application.

The application can be copied from our Web site www.c-a-tribes.org then go to programs, then to department of education.

Mail the gaming application in with all paperwork.

Please clip this information out and keep for future reference to assist with submitting your request for graduation assistance.

Send FOUR items only.

NEXT ACT TEST DATE

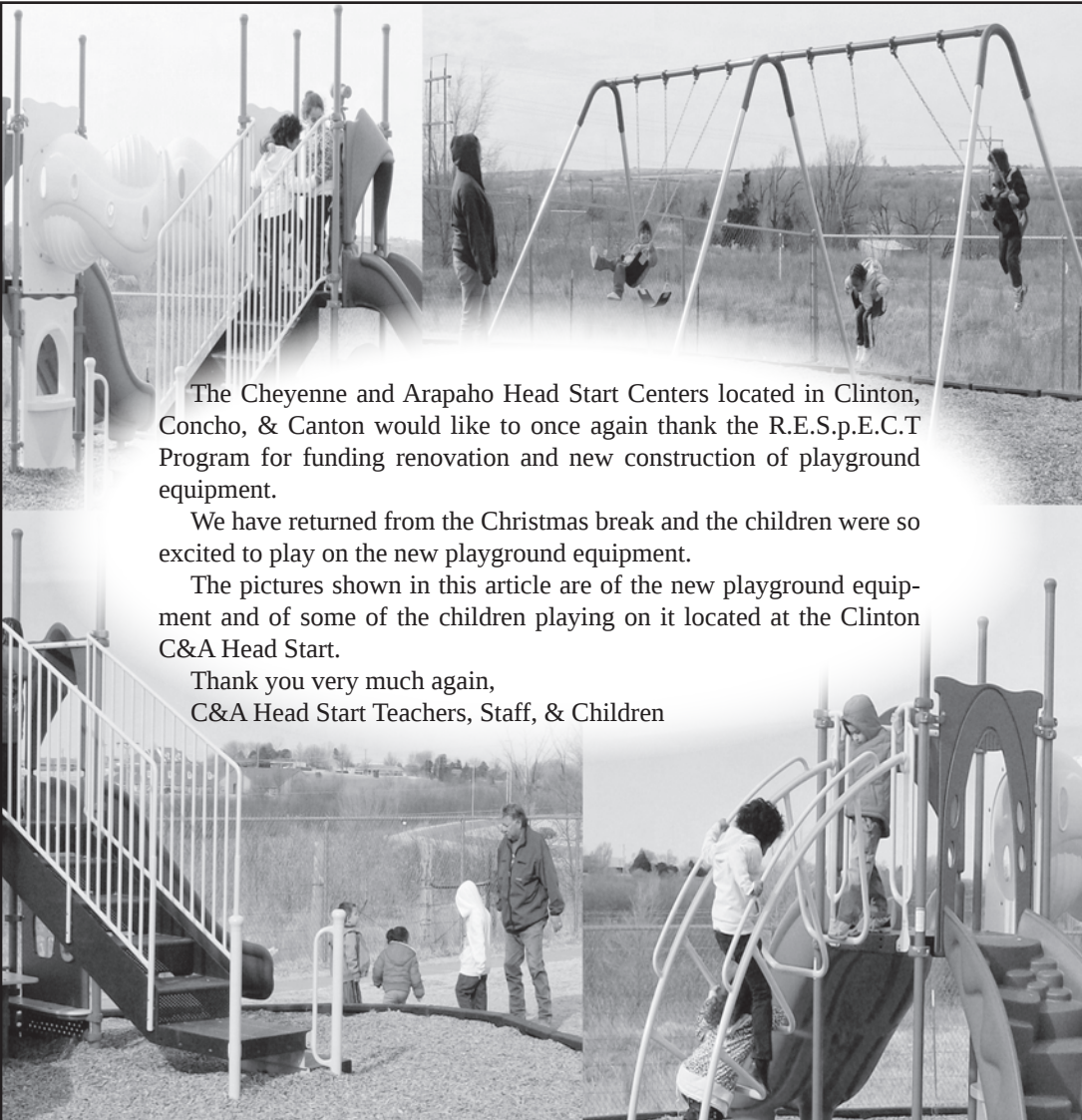
The next ACT test date is scheduled for April 4, 2009. The registration test deadline is Feb. 27, 2009. Gaming Higher Education Program can pay for Cheyenne and Arapaho students/members test fees long as we receive the following documents:

1. The completed ACT application packet by Feb. 1, 2009
2. A Cheyenne and Arapaho CDIB (tribal membership verification)
3. A completed Gaming-Higher Education application (can be copied from our Web site www.c-a-tribes.org, go to programs, then to department of education.
4. Mail items to Gaming Higher Education Program, PO Box 38, Concho, OK 73022.

ACT REGISTRATION TEST FEE

The Gaming-Higher Education Program can pay the required fee of \$31 for enrolled Cheyenne and Arapaho students. Submit the following items three weeks ahead of time, which will allow sufficient processing time to request a check.

1. The completed ACT registration test application with front and back of envelope completed in full.
2. A Cheyenne and Arapaho CDIB (tribal membership enrollment verification).
3. A completed Gaming-Higher Education application.



The Cheyenne and Arapaho Head Start Centers located in Clinton, Concho, & Canton would like to once again thank the R.E.S.p.E.C.T Program for funding renovation and new construction of playground equipment.

We have returned from the Christmas break and the children were so excited to play on the new playground equipment.

The pictures shown in this article are of the new playground equipment and of some of the children playing on it located at the Clinton C&A Head Start.

Thank you very much again,
C&A Head Start Teachers, Staff, & Children

R.E.Sp.E.C.T. PROGRAM ADULT BASKETBALL LEAGUE



MEN'S & WOMEN'S ALL INDIAN BASKETBALL LEAGUES BEGINNING JAN. '08



All players must be a member of the Cheyenne-Arapaho Tribes or be Native American and currently residing in the Cheyenne-Arapaho Service Area
Exceptions will only be made for tribal employees. No Exceptions!

- Leagues will be held on Sundays
- Leagues will consist of 8 League Games, followed by an end of season tournament
- There will be a 10 per roster limit, per team
- Games will consist of 2- 18 minute halves for Men and 2-15 minutes halves for Women

DEADLINE TO ENTER TEAMS:
JANUARY 14, 2009 @ 4:00 PM
\$10 Entry Fee per player

*If the team has no forfeits they will get their Entry Fee back following League Play

For more information or to enter a team contact the R.E.Sp.E.C.T. Program at 405-422-7570

Cheyenne & Arapaho Youth Council

C&A Youth Council Meeting
★ Sunday, January 18, 2009
1:00 p.m. — 3:00 p.m.
R.E.Sp.E.C.T. Activity Center
Clinton, Oklahoma ★
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---NOTICE---

Higher Education Program
Department of Education

Mailing Address:
Department of Education
Attn: Higher Education Program
P.O. Box 38
Concho, OK 73022

Physical Address:
1621 D East Highway 66
El Reno, OK

Office Phone Number:
(405)422-7653

Department e-mail:
www.heduction@c-a-tribes.org

Staff:
Jerrolyn Doyebi
Cheryl Pollock
Michael Bell

Program about Indian languages recognized

(NORMAN, Okla.) - The state Education Department is honoring a group of Norman High School students for their documentary about dying languages of American Indian tribes.

The program "When It's Gone, It's Gone" by 13 students in the school's Native America Club is also now being used in classrooms as a teaching tool.

The students interviewed tribal elders from American Indian tribes in Oklahoma about their native languages and the effort to keep their languages and cultures alive.

Most of the elders in the video are in their 80s and have witnessed their native tongues dying out as younger generations are raised to speak English.

Band drops Chiefs name for inaugural parade

(WYANDOTTE, Mich.) - Members of the Wyandotte Marching Chiefs high school band plan to perform in the inaugural parade in Washington, but they won't be known by the name they've had since the 1950s.

The Detroit Free Press reports Thursday that the band from Roosevelt High School will perform as the Roosevelt High School Marching Band. Although they will wear their Indian head logo on their sleeves, the band's Marching Chiefs banner won't be carried.

The decision was in response to a letter from a group that opposes the use of American Indian nicknames and logos.

The band's director Mark D'Angelo says the suburban Detroit school didn't want to bring negative publicity.

The parade from the Capitol to the White House follows President-elect Barack Obama's inauguration Jan. 20, 2009.

United Tribes group set for parade

(BISMARCK, N.D.) - A spokesman for a United Tribes Technical College group that will be marching in the inaugural presidential parade says the trip will cost about \$3,000 per person.

United Tribes Chief of Staff Wes Long Feather has been leading fundraising efforts for the group, which will represent all five North Dakota tribes and include veterans who have served in the Middle East. Most of them will leave on Jan. 18 and returning Jan. 21.

The 20-person contingent includes dancers and singers along with traditional American Indian drummers. Long Feather says marchers plan to sing an honor song in front of the presidential stand.

What is a Medicine Wheel?



By the Culture and Heritage Program

When researching the Native American medicine wheel it was soon determined that while most of the information available is from native sources, one thing seemed most evident; no matter what tribe or cultural background the medicine wheel teachings vary as there are many interpretations and symbologies. Living in Cheyenne and Arapaho country we are sure to hear many different teachings. The Culture and Heritage program would like to hear those teachings and invite tribal members to share their experience and knowledge of the wheel as they were taught. The goal is not to decide what teachings are right

or wrong, but to encourage individuals to receive these teachings with an open heart and mind. Not all teachings will be for everyone, but we encourage using what you can and disregard the rest. The following example is a teaching found on the Internet: The Medicine Wheel is representative of American Indian Spirituality. The Medicine Wheel symbolizes the individual journey we each must take to find our own path and is a symbol for the wheel of life which is forever evolving and bringing new lessons and truths to the walking of the path. Within the Medicine Wheel are the four cardinal directions and the four sacred colors. The circle represents the Circle of Life and the Center of the Circle, the

Eternal Fire. The medicine wheel is sacred. Native American people believe, because the Great Spirit caused everything in nature to be round; the sun, sky, earth and moon, man should look upon the medicine as sacred. The medicine wheel teaches us that all lessons are equal, as are all talents and abilities. Every living creature will one day see and experience each spoke of the wheel, and know those truths. It is a pathway to truth, peace and harmony. The circle is never ending, life without end. We look forward to receiving and publishing your replies. To submit your teaching please mail to: The Culture and Heritage Program P.O. Box 145 Concho, OK 73022.

Child care program says thanks

Submitted article

The Child Care Program would like to thank the following programs for their support of our Christmas activities. Head start made it possible for us to go caroling by letting us borrow one of their buses. We would also like to send a big thank you to Tom Sexton for his donation to help with our Christmas gifts for our children. Mike Martin’s office donated candy sacks for the children. R.E.Sp.E.C.T. donated candy sacks, provided a visit & a picture with Santa Claus. Also, thank you to the O&M Department for bringing tables

over for our Christmas dinner. We appreciate all the hard work everyone put into our festivities to help make it a success. We recently held an Indian taco sale and would like to say thank you to all the parents who donated items that were needed. Lucky Star donated to-go boxes and salsa cups for the fundraiser. Elsie Sage was kind enough to help with the fry bread making. Also, thank you to everyone who purchased a taco and a big thank you to Lucky Star employees for their orders. We appreciate everyone’s continued support of our program. May you have a blessed New Year!

Courtesy photo



Family traditions continue

This past few weeks was a busy time for the Charles Sleeper family. On Dec. 20, 2008 my son Richard Sleeper came with a few of his family and friends from Montana to complete a traditional family get together and enjoy each others company. A peyote service was held and completed the tradition and family and friends had a good time and meal. After all was said and done, ever one went their separate ways. That concluded the event for Richard to have a long and blessed life. He got to meet his relatives and friends and thank them for being there and was very grate-



Courtesy photo

Charles R. Sleeper (r) with his son Joseph (back), and Joseph’s family. full for the outpouring of support for his life’s journey.

Hu’hou
Charles R. Sleeper

Riley Blackbear, music is her gift



Submitted article

Riley Blackbear, a Cheyenne and Arapaho tribal member has been a piano student at Musicmaker Studios in El Reno, Okla. for approximately one year. She is 6-years-old and attends kindergarten at Hillcrest Elementary also in El Reno, Okla. Blackbear is the daughter of Robin Pedro and Eugene Blackbear III and has two sisters, Julien and Hannah. Blackbear resides with her grandparents Virgil Pedro and Leah Pratt and her auntie Tanna in El Reno. Her piano instructor, Ms. Beverly Moss, recently reported on Blackbear’s progress and said, “Riley is a great student, seeking to learn the most that she can during her lessons. She is always attentive and extremely bright. There are few students her age who grasp the music concepts as quickly as she has throughout her first year. Riley recently participated in her very first recital conducted at the First Assembly of God in El Reno on Saturday, Dec. 13, 2008. She played flawlessly and is a joy to teach. I am pleased to have her as one of my students.” Family members who attended her recital were Sandra Pratt and Ryan Gilbert of Geary, Okla., Leah Pratt, and Tanna Pedro. Blackbear continues to take lessons at Musicmakers Studios. Her family is very proud of the accomplishments and interest she has demonstrated in playing the piano.

Oklahoma Warriors advance



Courtesy photo

Submitted article

The Oklahoma Warriors are a seven and under team. They are the only El Reno team in their division. The team is made up of all minorities, 98% is Cheyenne and Arapaho Tribal members and 2% are Hispanic. The Oklahoma Warriors played very hard January 2-5, 2009 in Mustang, Okla. The game that lead the Warriors to the championship game was very exciting. They were tied 16 to 16 and went into two overtimes, which led into a “sudden death elimination.” The final score was 19 to 18 and the Oklahoma Warriors made it to the Championship Game. The Championship game was played against a team from Blanchard, Okla. The Warriors did a good job; they kept the scored tied until the last ten minutes of the game.

Cheyenne, Arapaho team takes first

Submitted article

The R.E.Sp.E.C.T. program sponsored a 7 and 8-year-old basketball team for the annual “For the Love of the Game” Warrior Shootout in Henryetta, Okla.



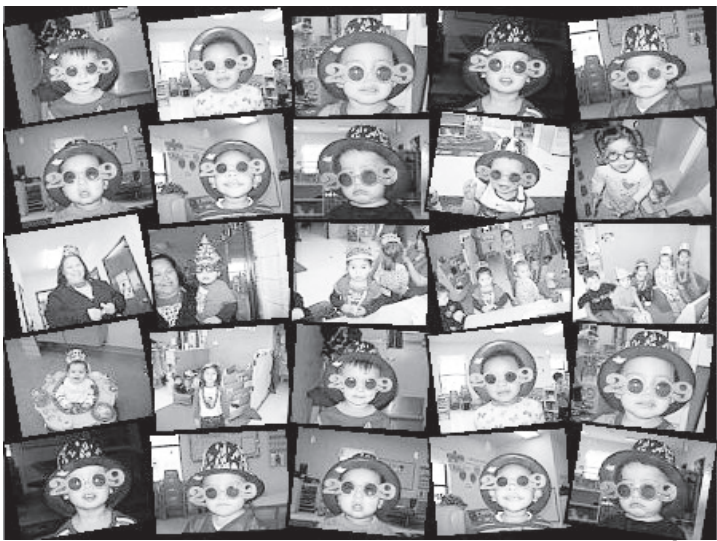
Courtesy photo

Front Row-Left to Right: Levi Rishel of Geary, Michael Bigfoot of El Reno, Riley Island of Calumet, and D’Moinic Guzman of El Reno. Back Row-Left to Right: Coach Reggie Island of Calumet, Jayci Bear of Calumet, Tanner Island of Calumet, Lil Chris Patton of Kingfisher, and Coach Chris Patton of Kingfisher.

(HELENA, Mont.) - President-elect Barack Obama’s nominee for Interior secretary, Colorado Sen. Ken Salazar, has agreed to visit Montana after he’s confirmed by the Senate. Salazar accepted an invitation from Democratic Sen. Jon Tester to visit the state. The two met in Washington, D.C. Tester suggested he and Salazar visit the Blackfeet Indian Reservation and tour the St. Mary Canal by horseback. The crumbling, nearly 100-

Interior Secretary nominee agrees to visit Montana

Jan. 5 - Migratory Bird Day. This is meant to attention to birds in the hopes that people will do all they can to preserve and protect them and their habitats. We are making bird feeders with pinecones, peanut butter, and bird seed. Jan. 15 - National Hat Day. We will be wearing our favorite hats on this day. Jan. 18 - Pooh Day. A.A. Milne’s Birthday- We will read a book and do a honey food experience. Jan. 19 - MLK JR.Day. The center will be closed on this day. Jan. 21 - National Hugging Day. Give a friend a hug! Jan. 20 - Penguin Day. We will be doing art activities relating to Penguins and their climate.



Courtesy photo

Jan. 25 - Opposite Day. We will be dressing in an opposite fashion. January is Oatmeal Month, make oatmeal cookies!!

year-old canal supplies water to thousands of people across northern Montana. Water users have been lobbying the government to help pay for needed repairs. Tester and Salazar also discussed Montana’s energy future. Specific details of Salazar’s visit to Montana have not been scheduled.

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Tribes lobby governor for more support

(HELENA, Mont.) - Leaders of Montana’s eight Ameican Indian nations met with Gov. Brian Schweitzer to discuss issues affecting their tribes as the 2009 Legislature began its work.

The Blackfeet tribe is seeking more than the \$4 million Schweitzer is proposing in his budget to help fund the Blackfeet Water Compact.

The compact is an \$87 million state, federal and tribal project to repair and enlarge a reservoir on the reservation.

“There’s only \$4 million in your budget when the state said it would provide

about \$20 million,” said Blackfeet Tribal Councilman Roger Running Crane.

“That’s a concern to us - is this going to get done in a timely manner?”

Tribal Planning Director Emorie Davis Bird said the tribe had to have at least another \$3 million to get the project back on track.

Running Crane also asked Schweitzer to review the tribal gambling compact to allow the Blackfeet to increase the number of video gambling machines at its casino and increase the size of payouts.

Schweitzer listened to the tribes’ con-

cerns, but did not comment on any specific issue.

“We’ve done our level best to create a workable government-to-government relationship with tribal governments,”Schweitzer said. “We try to listen as much as we talk.”

Blackfeet Tribal Councilman Rodney Gervais Sr., asked Schweitzer to support federal legislation by Sen. Joe Biden, D-Del., that would give tribes the authority to prosecute domestic violence charges levied against white husbands of Indian women living on reservations.

Gervais also asked Schweitzer if the state could bring in a mediator to help relieve the “racial tension” between the Blackfeet Reservation and the neighboring town of Cut Bank.

Also, A.T. Stafne, chairman of the Fort Peck Assiniboiné and Sioux tribes, gave the governor a letter from Patty McGeschick, director of the tribe’s Family Violence Resource Center.

McGeschick wanted to know how state funds are used to support Indian women who are victims of domestic violence.

Arapaho Word of the Day

To sign up and receive an “Arapaho Word of the Day” via e-mail or daily mail printed copies contact:

Arapaho Language Coordinator Abraham Pedro by phone at (405) 422-7729 or by e-mail at ADPedro@ca-tribes.org.

Eating well for diabetes

Diabetes, Special Occasions

By Kristie Purdy, MA, RD, C&A Diabetes Wellness Program

A new year brings a whole calendar of birthday parties, celebrations, holidays, ceremonies, vacations and special occasions.

Having diabetes doesn’t mean you can’t participate in the celebration of special occasions with family and friends.

With a little planning you can be successful in managing your diabetes and keep your blood sugar level in control.

In planning your diabetes care, it is a good idea to visit with the host or hostess of the special event.

Find out what events will take place at the special occasion, what foods will be served and what activities will be taking place.

By finding out what kind of food will be served, it will make planning what and how much you will eat a lot easier. You may decide there are only a few treats you will indulge in.

Or, you may even determine you would like to bring some of your own snacks to share as well.

The host may have activities planned, such as a game of flag football. Knowing what activities you may be doing during the event will also help you to determine how many treats you can allow yourself while keeping

your blood sugar under control. Even as little as ten minutes of physical activity will help to lower blood sugar levels.

If there are no activities planned during the event, it might be a good idea to add some exercise before you leave or when you return from the party.

Prior to leaving for the special occasion, check your blood sugar level. This will give you a good idea as to how much food you may indulge in while still keeping your blood sugar levels under control.

If you’re on insulin, this will also let you know how many units you’ll need to take in order to keep your blood sugar down. It is also important to check blood sugar level at some time during the special occasion.

This will let you know how well you’re doing at controlling your blood sugar levels.

Most importantly, always know where your diabetes supplies will be located during the occasion. It would be a good idea to let one other person know where these supplies will be located as well.

With a little planning, those with diabetes can enjoy their holidays, celebrations and special occasions.

CULTURAL CORNER

By Abraham Pedro

This time of year, the dominant society celebrates New Year’s, the beginning of the New Year based on the Gregorian calendar system that is used.

However, our people are known to celebrate the New Year when the Sun Dance and these ceremonies are completed at the height of summertime.

Because these lodges talk about renewal not just for our own people and our lives but also the whole creation itself, after this point, it is considered a New Year.

We also recognize the New Year beginning when spring time officially begins, which is right after the first thunder is heard in springtime.

This thunder symbolizes the moment that Mother Earth awakens from her slumber and re-clothes her creation: trees and vegetation grow green again, the birds return from the southern migrations, and many of the animal nations bring their young into the world again.

Our counts of the years are done, however, by how many winters we have lived, and this is in direct reference to the fact that as a people the winters are oftentimes the hardest to survive especially for our elders.

This is also in reference to the way we count time, which isn’t done by going off of 12 months, but with the 13 yearly moon cycles, which for each of these moons was named some occurrence that happened specifically at this time.

Then time is also measured by the solar cycles, when the sun will be the farthest north (the summer solstice) or the farthest south (the winter solstice),

Indian Time

and when the sun will be directly in the middle of the skyline (the spring and fall equinoxes).

This is also measured by what time of the year certain stars would be in certain places on the skyline, which also references the specific times ceremonies will be held.

The thought of time amongst indigenous people and communities is thought of in totally different terms than the greater society.

This can be said that in the greater world, time as a notion can be divided and counted down to the second in a linear manner.

It starts and ends in one straight line, once something has been done, it can never be undone. In our traditional understandings, time is circular, and through our ceremonies, can even be reversed. Not the time itself, but the actions can be changed to reverse the consequences.

This is as well as the facts that just like the seasons everything comes around again.

It is different in another sense that time freely flows so something happens when it is supposed to happen.

Such as our children for instance: they talk when they want to start talking, they learn how they want, not on a timeline.

One thing that an elder informed me of is this: even a few years ago, people would come stop by and visit, they would stop and talk and converse for a while about how everyone was doing before they finally brought up the reason they were there.

Sometimes they would even stay all day and eat and socialize in this manner, if they had time this was custom-

ary.

Nowadays, when you go and visit people they won’t even let you in the house or they just demand to know immediately what you want. So, make time for your people.

With that said, there is one item that has always troubled me: “Indian Time.”

We have an appointment at noon and we show up half an hour later? It’s funny, we joke around about it, but it bothers me that we have taken this concept and internalized it into our lives, and our jobs that act as if it is OK to be sloppy and unprofessional.

Our warriors were known for being on time or earlier, and waking up early in the morning, before the enemy gets there.

If you woke up late or an unannounced war party raided you then you probably wouldn’t survive.

Our traditional people were known for waking up early before the sun rises, in accordance with the seasons and yearly cycles in search of food, game, and good summer and winter camping areas.

If we were constantly late we wouldn’t be here because regardless time doesn’t wait on anybody.

A special thanks is sent to Henrietta Mann for giving the suggestion and for referencing the notions of time. Ah-ho Grandmother!

Note: the blog address that I posted last article is incorrect: I apologize; it is <http://community.livejournal.com/cheyennearapaho> I am still looking for article ideas on cultural items of importance, so let me know!



Cooking with commods

Buffalo Haystacks

1 lb ground bison burger

1 - 15 oz. can of Pork and Beans

1 – 15 oz. can of tomatoes (or can of Tomato Sauce)

1 T. Vinegar

Salt, Pepper and Chili Powder to taste

Corn Chips - Shredded Lettuce - Shredded Cheddar Cheese

Brown the bison burger, add the Pork and Beans, tomatoes, vinegar and seasonings. Simmer until thickened. Serve over crumbled corn chips, and top with lettuce and cheese.



Buffalo Meat Disbursement

The Cheyenne and Arapaho Diabetes Wellness Program is currently distributing buffalo meat at the Diabetes Wellness Center in Concho. Past participants living in the Cheyenne and Arapaho service area are invited to pick up their meat at this time. All others who wish to sign up for participation may do so as well. The buffalo meat disbursement is for tribal elders 55 years of age and older, and tribal members diagnosed with diabetes living within the Cheyenne & Arapaho service area. Buffalo meat disbursement is available on a first-come, first-serve basis.

WANTED



Buffalo Recipes

The Diabetes Wellness Program is in the process of putting together a cookbook featuring healthy buffalo recipes. We invite all tribal members to submit their favorite recipes. If you would like to have your buffalo recipe included in the cookbook, please email your recipe to:

kpurdy@c-a-tribes.org
Or mail your recipe to:
Cheyenne and Arapaho Tribes
Diabetes Wellness Program
Attn: Kristie Purdy
PO Box 38
Concho, OK 73022
Or Fax: 405-262-3423

Please send in recipes by February 13

BRIEFS

The 12th annual NIEA Legislative Summit

Feb. 9-11, 2009 at theHoliday Inn, Capitol 550 C Street SW in Washington, D.C. Registration is now open.

Bring students; special student rates are \$50. For more information call (202) 544-7290 or email membership@niea.org.

The 21st annual At-Risk Youth National Forum

Feb. 15 - 18, 2009 at the Embassy Suites in Myrtle Beach, S.C. To register visit www.drop-outprevention.org.

National American Indian Housing Council-2009 Legislative Conference

Feb. 24 - 26, 2009 Hyatt Regency Washington on Capitol Hill, Washington, D.C.

NAIHC’s Legislative Conference offers tribes and tribal housing representatives a chance to take part in the legislative process, bringing them face-to-face with lawmakers. For more information call (800) 284-9165 or go o www.naic.net.

Second annual Tribal Casino & Hotel Development: Financing, Design, and Con-

struction Essentials Conference & Tradeshow

Feb. 19-20, 2009 at Caesar’s Palace, Las Vegas, Nev. For more information or to register call (201) 632-8111.

Basic Bookkeeping for Tribal Organizations Finance

Feb. 24-25, 2009 in Las Vegas, Nev.

Failure to record accurate information may cost your tribe thousands of dollars in disallowed costs and unnecessary audit time to correct the problems. This conference will help you avoid these costly mistakes.

To register go to www.fal-mouthinstitute.com/training.

Reeling in the Years: 30 Years of Film, TV and Popular Culture Southwest Texas Popular Culture and American Culture Association

Feb. 25-28, 2009 Hyatt Regency 330 Tijeras, Albuquerque, NM 87102 <http://swtxpc.a.org/documents/home.html>.

Power Shift 2009

Feb. 27-Mar. 2, 2009 in Washington, D.C. Energy Action Coalition hosting “Power Shift 2009”, a national youth

conference focusing on climate change and the newly elected administration. For more information email nikkealex@gmail.com or chelsea.rc@gmail.com.

Eighth semiannual Native American Finance Conference

Feb. 27-29, 2009 in Las Vegas, Nev. For more information contact Gary Koutsoubos at (212) 901-1884 or email gkoutsoubos@imn.org.

Native American Literature Symposium: Many Voices, One Center

Feb. 26-28, 2009 at the Isleta Casino & Resort, Albuquerque N.M.

Contact Dr. Gwen Westerman Griffin at (507) 389-5508 or by email to gwen.griffin@mnsu.edu. Registration forms can be printed from the NALS web site: www.mnsu.edu/nativelit.

2009 Western Regional Workforce Investment Act Conference

Feb. 9-12, 2009 Las Vegas, Nev. For information contact Veronica Boone at (520) 884-7131.

OCU offers American Indian scholarship program

Submitted article

The American Indian Scholarship program at Oklahoma City University helps to provide a private college education to deserving students who may not otherwise have the opportunity.

Oklahoma City University strives to maintain a student population that reflects the community they serve.

The American Indian Scholarship program promotes the United Methodist tradition of scholarship and service by removing the primary barrier to a private university education-cost.

Fifteen students are selected each year to participate in the American Indian Scholarship Program. Scholarship candidates must submit an application, provide an essay and complete an interview. Candidates also must be admitted to receive an interview.

After all available state and/or federal aid or other scholarships received have been applied, the American Indian Scholarship then pays the remaining balance for tuition, fees, room, and board, provides a \$200 per semester book allowance, and provides sup-

port services dedicated to the growth, welfare and success of each student.

Students are eligible for up to eight consecutive semesters of the scholarship provided they maintain a level of good standing

scholarship recipients and an outreach program assists with incoming applicants in the application process. Many of the American Indian Scholars are heavily involved with the American Indian community on and off campus.

The American Indian Scholars program comprises of students who annually meet or exceed ACT and high school grade point averages of most campus and national cohorts.

Annual retention rates for American Indian scholars are more than 90 percent thanks to the personal attention of the program and the university’s culture.

Scholarship recipients engage in every aspect of campus life from fraternities, sororities, cultural and academic organizations to campus housing, work-study programs and orientation programs. These students provide thousands of community service hours annually throughout our city and state.

The deadline for the scholarship is in March 1, 2009. For more information: contact Chris Roman Nose, (405) 208-5170 or cromannose@okcu.edu.



A few Oklahoma City University scholars.

Courtesy photo

with the university and complete program requirements each semester.

The scholarship program is coordinated through Multicultural Student Affairs where there are two staff members who work closely advising and guiding each student as they pursue their college career. Also, a student led advisory board works the undergraduate

Red Earth accepting applications for 2009 art market

(OKLAHOMA CITY) Red Earth, Inc is currently accepting applications from Native American artists for the 23rd annual Red Earth Native American Cultural Festival scheduled June 5-7, 2009 at the Cox Convention Center in downtown Oklahoma City.

The Red Earth Festival is the world’s largest event of its kind, drawing thousands of art enthusiasts to a three-day weekend celebrating Native American visual art and dance. The Red Earth juried art market showcases over 200 artists representing Native tribes and nations from throughout North America.The event is recipient of numerous awards and honors including the 2008 Grand Award for “Outstanding Cultural Tourism Event” from Central Oklahoma’s Frontier Country Marketing Association, and the 2008 Redbud Award for “Best Overall Marketing Campaign” from the Oklahoma Tourism & Recreation Department.

The juried art market features works in six categories including Cultural Items; Painting, Drawings, Graphics and Photography; Sculpture; Jewelry; Pottery; and Clothing, Textiles and Weaving. Each category is divided into subdivisions.

The 2008 Red Earth Grand Award Winner for Best of Show was Benson Manygoats, of Gallup, NM, for his 14k gold, lapis, sleeping beauty, inlay with natural stones entitled “Slush Necklace.” Joel Queen, of Cherokee, NC, was named recipient of the 2008 President’s Award for his hand-paddled and stamped, pit fired pot entitled “Friendship Cooking Pot.”

Applicants must be able to provide documents of proof of membership in a federally or state-recognized tribal entity or documents of proof of certification as Indian Artisans by an Indian tribe.

Applications can be downloaded from www.redearth.org or obtained by calling

(405) 427-5228. Applications will be accepted through Jan. 21.

For nearly 30 years, the 501 (c) 3 non-profit Red Earth, Inc has been dedicated to its mission to promote the rich traditions of American Indian arts and cultures through education, a premier festival, museum and fine art markets.

The organization is recognized as the region’s premier organization for advancing the understanding and continuation of Native American traditional and contemporary culture and arts.The Red Earth Museum, located inside Science Museum Oklahoma, hosts a diverse and changing schedule of traveling exhibitions and is custodian of a permanent collection of more than 1,400 items of fine art, pottery, basketry, textiles and beadwork – including the Deupree Cradleboard Collection, one of the finest individual collections of its kind in North America.

Cognitive training session summary

Submitted article

Sept. 24 and 30, 2008

This training was held at the Cheyenne and Arapaho Technology & Innovation (CATI) Training Center located at 1621 B. Highway 66 (Canadian Square Shopping Center) in El Reno, Okla.

Twelve tribal employees were selected to attend this initial training. The Cognitive Systems Inc. based out of Oklahoma City made the presentation.

The selection was based on a variety of reasons. Each person was pre-screened and selected based on their job or field of employment. The training was structured to teach each individual trainee the facets of the computer driven cognitive therapy to the extent that when complete each trainee would then become an oversight therapist and be able to use the system for their clients within the Cheyenne and Arapaho tribal services.

Examples of therapy are: Traumatic Brain Injury (TBI), Dyslexia, Attention Deficit & Hyperactivity Disorder (AD/HD), Low Intelligence Quotient (IQ), Short Memory, Fetal Alcohol Effects (FAE) and Fetal Alcohol Syndrome (FAS).

The system may be used to affect eye hand coordination, auditory response and can be controlled by the oversight therapist.

Statistical Summary

There were 12 participants. Of 12 participants, 11 evaluations were completed.

Question No. 1 describes how each participant viewed the content of the instruction as being easy to understand to them. 100 percent answered yes.

Question No. 2 inquires if this type of system can be used within the individual’s work. 100 percent answered yes.

Question No. 3 inquires if the individual’s clients would benefit from this therapy. In all, 91percent answered yes and 9 percent answered no.

Question No. 4 involves four categories based on interest from not interested to extremely interested scaled at one to five on the litmus scale.

The first bullet rates the class material.

Not Interested, Little Interest, Interested, Very Interested, Extremely Interested

0 percent rated at one; 0 percent rated at two; 18 percent rated at three; 9 percent rated at four; 64 percent rated at five

Note 9 percent gave no rating.

The second bullet rates the instructor.

Not Interested, Little Interest, Interested, Very Interested, Extremely Interested

0 percent rated at one; 0 percent rated at two; 18 percent rated at three; 9 percent rated at four; 73 percent rated at five

The third bullet rates the facilities.

Not Interested, Little Interest, Interested, Very Interested, Extremely Interested

0 percent rated at one; 0 percent rated at two; 27 percent rated at three; 9 percent rated at four; 64 percent rated at five

The fourth bullet rates innovation.

Not Interested, Little Interest, Interested, Very Interested, Extremely Interested

0 percent rated at one; 0 percent rated at two; 27 percent rated at three; 9 percent rated at four; 64 percent rated at five

Question No. 5 inquires if the participant gained new knowledge after completing the training.

In all, 91 percent answered yes and 9 percent answered no.

Question No. 6 inquired if participant learned anything new that can be used in their work.

In all, 82 percent answered yes and 18 percent answered no.

Question No. 7 inquired if participant would use the system at no cost to assist their clients. In all, 100 percent answered yes.

Question No. 8 rates the overall training on the litmus scale of one to five the training overall rating was:

Not Interested, Little Interest, Interested, Very Interested, Extremely Interested

0 percent rated at one; 0 percent rated at two; 18 percent rated at three; 18 percent rated at four; 64 percent rated at five

Conclusion

Based on the ratings by individual evaluation it is determined that services should be provided and monitored by our own trained oversight therapists.

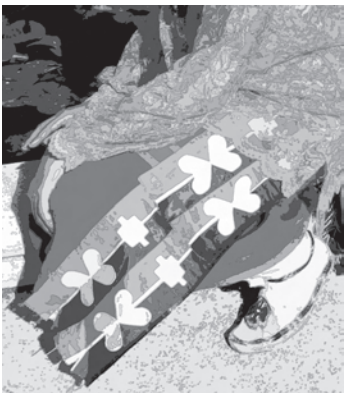
The system is leased annually through the American Indian Vocational Rehabilitation and utilized through the Cheyenne and Arapaho Technology & Innovation (CATI) Training Center.

The authority and expertise is monitored by the Cognitive Systems Inc. of Oklahoma City and under the direction of Bryan Sykes, Vocational Rehabilitation director, utilizing the expertise of Clara Baker, CATI instructor, John N. Hatfield, PhD, and L. Marie Hatfield, director of Training and Development Cognitive Systems Inc.

Gentry is of the Choctaw Nation of Oklahoma. All her paintings are sized at approximately 20 inches by 28 inches.

The entire exhibit runs from March 11 to March 27, 2009. The artist will be giving a gallery talk at 7 p.m. on Thursday, March 26.

To view images of her work, go to www.KristinGentry.com.



Calendar of Events



American Legion Post 401 monthly meeting

Jan. 15, 2009 in the large conference room of the Cheyenne and Arapaho tribal complex in Concho, Okla. Dinner will be served at 6:30 p.m. and the meeting will begin at 7 p.m. There will be a guest speaker at this meeting. For more information, call (405) 422-7691.

Tulsa Indian Art Festival

Feb. 13-15, 2009 at the Spririt Bank Center, Tulsa, Okla. For more information go to www.tulsaindianartfest.com.

Honor and Birthday Dance for Sheldon White Thunder

Jan. 17, 2009 at the Concho Community Center. Gourd Dance at 3 p.m.-Supper at 5 p.m. Everyone is welcomed.

Walking With Dinosaurs-The Arena Spectacular

Jan. 21-25, 2009 at the Ford Center, Oklahoma City. For tickets or more information www.fordcenter.com

The 2009 Red Earth Master Artist Show

Feb. 1, 2009-Art award recipients of the 22nd Annual Red Earth Native American Cultural Festival are featured in this invitational art show at the Red Earth Museum. Call (405) 427-5228 or www.redearth.org for information.

The 2009 Harlem Globetrotter’s “Spinning the Globe” World Tour

Feb. 1, 2009 at the Ford Center in Oklahoma City. For tickets and more information go to www.fordcenter.com.

William “Bill” Sage Memorial Dance

Feb. 14, 2009 at the Comanche Community Center in Apache, Okla. Paint ceremony at noon, gourd dance at 2 p.m., supper at 5:30 p.m. and evening program a 7 p.m. Special contests and absolutely no giveaways. Walk for diabetes in memory of “Bill” at 9 a.m. Feb. 13, 2009 at the Apache Tribal Complex in Anadarko, Okla. and at 10 a.m. Feb. 14, 2009 at the Comanche Nation Community Center in Apache, Okla. For more information, call Jonedaa Saae at (580) 248-3709.

Gamma Delta Pi Alumnae Sisterhood Basketball Tournament

Men’s only Feb. 28, 2009 Lighthouse Fitness Gym, 3333 W. Hefner Rd. Oklahoma City. \$230 entry fee, \$75 deposit. Deadline is Feb. 14, 2009. Proceeds to benefit the OKDHS Foster Care program and the sisters of the GDP Alumnae Sisterhood. For more information contact Katrina Foley at (405) 532-3679 or gdpalum@hotmail.com.

January 2009
Schedule of Activities

Monday 5, 12, 19 & 26
Adult Bowling League
El Reno Bowl
6:00 p.m. & 8:00 p.m.

Sunday, January 18 & 25
Adult Basketball League
R.E.Sp.E.C.T. Activity Center
Clinton, Oklahoma

Sunday, January 18
Youth Council Meeting
R.E.Sp.E.C.T. Activity Center -- Clinton, OK
1:00 p.m. - 3:00 p.m.

Wednesday, January 28
Elders Day Out
Red Earth Museum -- Oklahoma City
10:30 a.m. - 2:30 p.m.

Sponsored by the R.E.Sp.E.C.T. Program

“GET FIT”
LIGHT EXERCISE CLASSES
FOR SEDENTARY & OLDER ADULTS
Tuesday & Occasional Thursday Mornings
10:00am -11:00 am
Classes on January 20, 22, &27, 2009
“Exercise with the Oldies”

LOSE WEIGHT
PREVENT FALLS & INJURIES
GET ACTIVE

FITNESS TESTING

HAIR EXERCISES
NUTRITION

INCREASE STRENGTH & FLEXIBILITY

GAMES
T-SHIRTS
DOOR PRIZES

Sponsored by the C&A Southern Plains REACH US Program
Contact Kimit Chulepah or Margie Deer @ 422-7687 To Sign Up

AMERICAN LEGION
POST 401

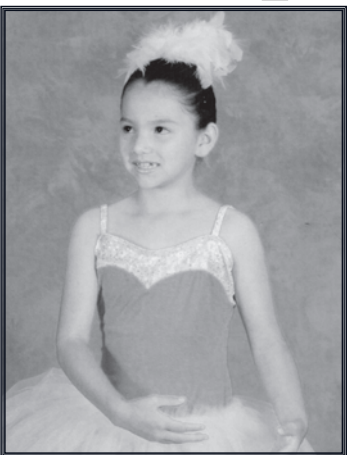
MEETING
Thursday- January 15, 2009.

Post 401 Concho American Legion will be holding its monthly meeting in the main conference room at the Concho Complex.
All members are welcome and all Veterans are welcome. Food will be a member to attend. A small meal will be served.

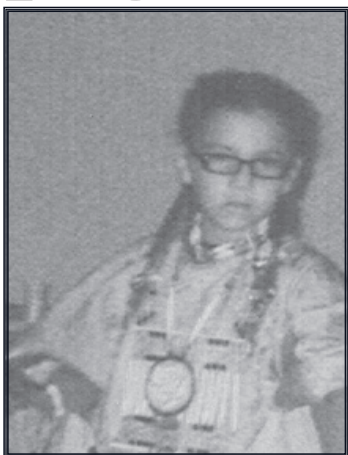
Time: 7:00pm (1900 hours)
8:30pm (1930 hours) meal
Place: Concho - Main Conference Room
Date: 15 January 2009

If you are not active duty today, serving honorably, anywhere in the world, or have served honorably during any eligible war area, become a member of The American Legion!

Happy Birthday to you...



Happy 9th Birthday!!
Addie Mae Haag
Love,
Dad, Mom, Mary, Alex, Kayla,
and Zack



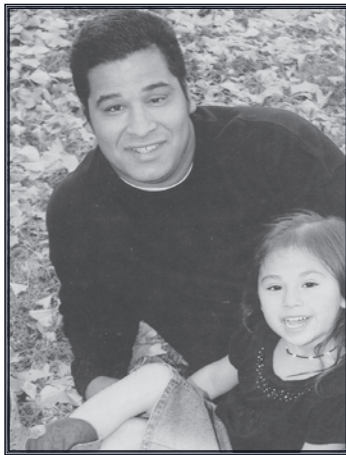
Happy Belated Birthday
Addie Mae Haag-Jan. 2nd
From G-ma Phyllis, Aunt
Nena, and the rest of the
of the Hawk family!
Love you!



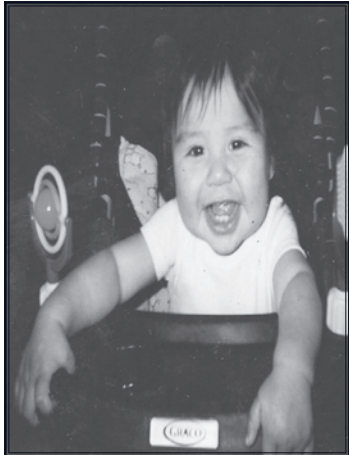
Happy Birthday
Auretha Cly
From your friends at
Clinton Head Start



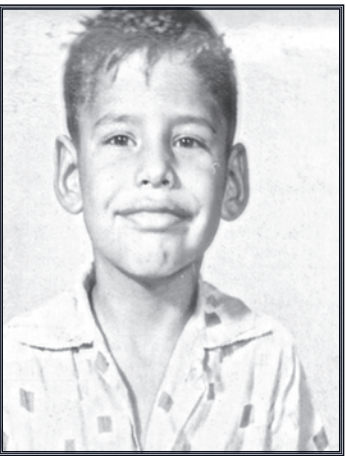
We would like to wish our little
angel a Happy 3rd Birthday
on Dec. 28, 2008. Love your
grandparents, Phillip, Nancy &
Uncle John Hart. Grandparents,
Alice and Frank Joe of
Keams Canyon, Ariz. Great-
grandparents, Darwin, Sr. and
Emily Whiteman of Towaooc,
Colo., the late Emma and Alvin
Hart, and the rest of the Harts,
Joes and Whiteman families.



Happy 30th Birthday
Chris, God Bless you
and everything you do!
Thanks Love Mom



Look Who's 2
Happy Birthday Big Boy!
Christopher Darius
Whiteman Morton
January 24, 2007
Love you always &
forever,
Mommy, daddy,
grandma & grandpa



Happy 57th Birthday
Ferd! Biicoo3e3en see3tei
noh Blackie



Look Who's 21!
Happy Birthday
Gary Lee Morton, Jr.
January 18, 1988
Love Jennie, Christopher
and Micki



Happy Birthday "Sista Girl"
Geri Redbird
Jan. 13th from Phyl!



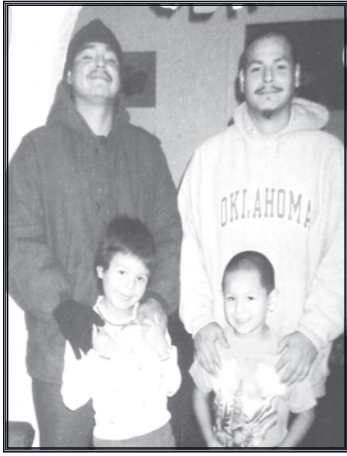
Wishing a very happy belated
2nd birthday to our princess,
Gertrude-Sara Elias
White Shield!!
We love you so much, and
we will always be here for
you!! You are a wonderful
daughter, sister, and
granddaughter! You are one
of the best gifts to our lives!
Sent wit hugs and kisses from
Grammies, Momma Sara, Baby
Auntie, Mommy, Daddy, your
brother Truman, your sisters
Nellie-Jean and MaKayla.



HAPPY 5TH BIRTHDAY
TO OUR SWEETEST
LITTLE GIRL, JADE MIA
MEADOWS!
DADDY AND MOMMY
LOVE YOU LOTS. BEST
WISHES ON YOUR DAY
LOVE YOUR BROTHERS
AND SISTERS MIKEY,
MCKENZY, SYLVIA,
CAYDEN, CHAZTON,
AND ZECHARIAH



Happy 18th Birthday
Jennie Whiteman
With lots of love. We both
Love you, Gary Jr. and
Christopher Morton



A very happy birthday to
Jeremy Chiefly
January 8, 1976
May this New Year be
better for us all.
From the "Shawnee"
Family



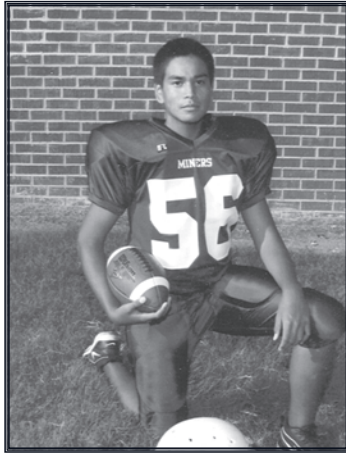
Happy 6th Birthday to
Kendrick Lee Humphreys
January 12, 2009.
We love you!
Mom, Grandma Carol and
Kassidi



Happy Birthday
Linda Alvarado
From your friends at
Clinton Head Start



A very happy 52nd
birthday to
Lisa Blackwolf
Jan. 10, 1957
From the "Shawnee"
Family



Happy 17th Birthday
Matthew Sweezy
January 25th
Love Mom, Dad, Dylan,
Nina, George, Chris,
Jessica and Akiera



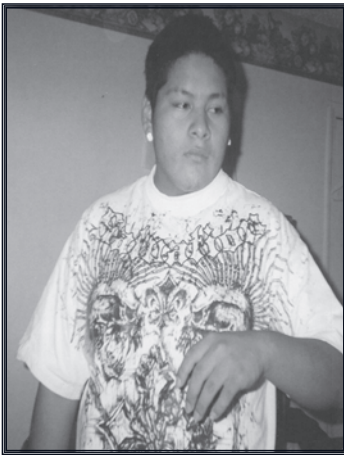
Happy 57th Birthday
January 27th
Miss Sue
From Andrea, Pooky,
Bossy, Miles,
Elvis, & Rosa



Happy 11th Birthday Mudbug
Biicoo3e3en nei'woo see3tei
noh Blackie



Happy Birthday Ransel
Rhoads!
From your friends at
Clinton Head Start

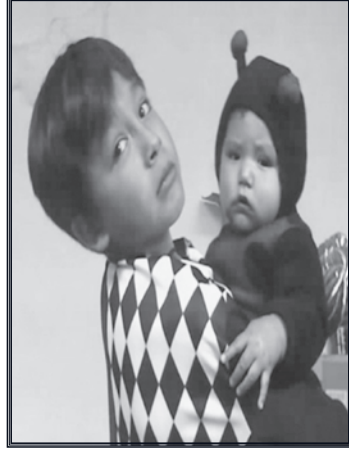


Happy Birthday Nephew
& Cousin
Sheldon White Thunder
Jan. 16th-We love you!
Aunt Phyl, cousins-Jen,
Jason, Nena, Aunt Diane
And the rest of the
Hawk family.

"Belated Happy
Birthday wish to
Joyce Twins, from
the Education Staff."



Happy 1st Birthday
Taelyn I. Buckman
January 23, 2008
Love Mom, Dad, Papa &
Grandmas, Tanner,
Anna & Marissa



Happy belated 11th Birthday to
Truman Koy White Shield!!
We love you so much!! You are
truly a blessing to our family!
Sent with many hugs and kisses
from your Grandma Lou,
Grammies, Momma Sara, Baby
Auntie, Auntie Lauren,
and your sisters MaKayla,
Gertie-Sara & Nellie-Jean!!

Happy Birthday
Kenneth Deere
January 9 1975
May this New Year
be better for us all!
From the
"Shawnee" Family

Happy Birthday
Papa Reggie
January 7th ~
We Love You!!
Love your
grandchickens

Happy Belated
Birthday
Aunt Frances Beard
January 11th
Still going Strong!!!
From Phyllis & Diane
and Family

Happy Birthday my
"Rayna"
January 26th
We love you Nutcee!
From Aunt Nena, G-
ma Phyllis & the rest
of the Hawk Family

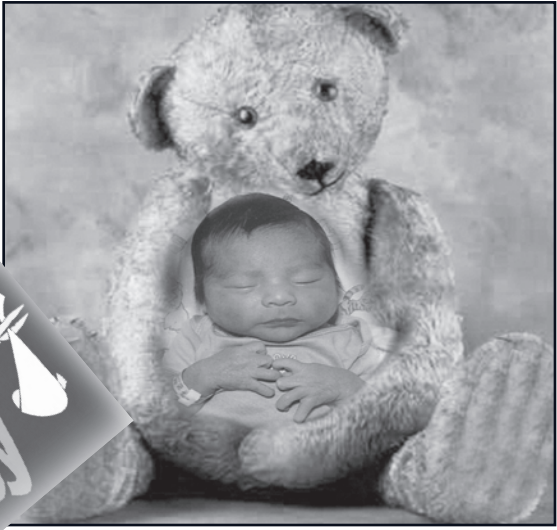
Abbigayle Blackbear



Proud parents are Eugene Blackbear III and
April Curtis. She was born Dec. 2 2008, 4lbs, 3 oz
and was 15-1/2 inches long.
Maternal grandparents are the late Edward D.
Curtis and Catherine Curtis of El Reno, Okla. and
paternal grandparents are Eugene Blackbear Jr. and
Aurelia Blackbear of Watonga, Okla.



Scott Allen Tiger, Jr.



Scott Allen Tiger Jr. was born on Dec. 22, 2008 at
Integris Hospital in Yukon Okla. Scott was 20 inches
long and weighed 7 lbs and 5 oz.
Proud parents are Scott Tiger & Jodi White Buf-
falo. Paternal grandparents are Sophia Tiger and
Charles Tiger and maternal grandparents are Jerri
White Buffalo and the late Joseph White Buffalo.



RACELIS NEWLYWEDS
The families of Christo-
pher & Sonyakay Racelis
would like to say congratu-
lations to the newlyweds.

They got married Sunday
Dec. 14, 2008 in Clinton,
Okla. They have one son,
Dezmond Cain Racelis.
Christopher is a truck driv-
er and Sonyakay is a nurse.
They plan on making their
home in Clinton. Again con-
gratulations to you both.
Love the Howlingbuffa-
lo's, Racelis' and Fox Fami-
lies.

Congratulations Mr. and
Mrs. Racelis!
Sonya Kay
HowlingBuffalo and
Christopher Elijah
Racelis got married
December 14th 2008
Sonya and Chris are high
school sweethearts from
Hammon that wed on a
Sunday afternoon by
Rev. R. Hicks in Clinton.

May your joys be as
bright as the morning,
your years of happiness
as numerous as the stars
in the heavens,
and your troubles but
shadows
that fade in the sunlight
of love.



Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver’s license, and CDIB to:Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: awhite@c-a-tribes.org

**Public Information Office
Ad Sales/Reporter**

QUALIFICATIONS:
Bachelor’s degree in adver-
tising, media graphics or jour-
nalism preferred, or high school
diploma/GED with some col-
lege hours required or an abil-
ity to sell and design advertise-
ments. Must have bookkeeping,
graphic design, writing and pho-
tography abilities. Have ability
to learn computer software pro-
grams, meet deadlines, and have
a strong ability to interact with
people in a friendly, profes-
sional and intelligent manner.
Have familiarity with the Chey-
enne and Arapaho service area
and culture, and have a current
Oklahoma driver’s license.
SALARY: Negotiable

**Administrative Assistant
Culture & Heritage**

QUALIFICATIONS:
The incumbent must be
thoroughly familiar with the
culture, history, and traditions
of Cheyenne. Must be able to
make decisions independently
and justify all decisions made.
Must be able to meet with tribal
members on an individual and
group basis and demonstrate
professional conduct. Position
requires experience in a relevant
field with at least two years of
administration office experi-
ence. Must possess excellent
oral, grammar, and written com-
munications skills. The incum-
bent must be able to work with
little supervision and possess
the ability to make independent
judgments in the execution of
administrative assistant work
assignments. Must be computer
literate and possess knowledge
of tribal government policies
and procedures, and applicable
Federal rules and regulations.
Shall possess a valid Oklahoma
driver’s license and be able to
provide verification of manda-
tory vehicle insurance verifica-
tion. Must be able to pass drug
and alcohol test.
SALARY: Negotiable

**Business Development Officer
Economic Development**

QUALIFICATIONS:
Bachelor’s degree in eco-
nomics, business, public plan-
ning, marketing, or four years
specialized experience in plan-
ning and business develop-
ment. Must have at least three
years in financial management
and at least one year of market-
ing. Incumbent must be able
to demonstrate public speak-
ing skills, conduct power-point
presentations to a variety of
business entities, Indian and
non-Indian communities, local
chamber of commerce and/or
local economic development
organizations. Indian prefer-
ence applies with current CDIB.
Must possess valid Oklahoma
state driver’s license. Must pass
pre-hire drug screening.
SALARY: Negotiable

**Legislative Staff Secretary
District A-1 Office**

QUALIFICATIONS:
A minimum high school di-
ploma or GED required. Two
years experience that include
demonstrated computer skills
and knowledge or completion of
two years training from an ac-
credited Vo-tech or college, ma-
joring in secretarial, computer
science or business administra-
tion. Certificate of completion
required. Good grammar and
communication skills with abil-
ity to compose accurate and pro-
fessional business letters. Pos-
sess valid Oklahoma driver’s
license. Willing to work other
than normal working hours on
weekends and holidays as re-
quired.
SALARY: Negotiable

**Reporter/ Administrative
Assistant**

QUALIFICATIONS:
High school diploma/GED
with some college hours in jour-
nalism/public relations or abil-
ity to demonstrate writing skills
and learn computer software
programs. Bachelor’s degree in
journalism or Public relations
preferred. Bookkeeping abili-
ties. Must be organized. Able to
work on deadline Have strong
ability to interact with people in
a friendly, positive, and profes-
sional manner. Must have cur-
rent Oklahoma driver’s license.
Must pass pre-hire drug screen-
ing.
SALARY: Negotiable

**Intake Specialist
Culture & Heritage**

QUALIFICATIONS:
High school diploma of
equivalent. Two years of spe-
cialized experience directly
related to duties. Associates de-
gree or higher in office admin-
istration preferred. Prefer can-
didate with working knowledge
of Cheyenne-Arapaho cultural
activities. Must be detail orient-
ed and computer literate. Must
have demonstrated knowledge
and skills related to general of-
fice procedures, office equip-
ment, office software, and filing
procedures. Ability to commu-
nicate effectively orally and in
writing. Ability to work flexi-
ble hours, including weekends,
evenings or holidays as needed.
Ability to maintain a high level
of confidentiality. Must have
valid driver’s license. Must pass
pre-hire drug screening. Chey-
enne-Arapaho preference.
SALARY: Negotiable

**Certification Clerk
Food Distribution**

QUALIFICATIONS:
High School graduate or
GED certified. Two years post
secondary education. Two years
experience in similar position.
Typing and computer skill de-
sired. Must have valid Oklaho-
ma state driver’s license. Chey-
enne-Arapaho preference. Must
pass Pre-hire Drug Screen.
SALARY: Negotiable

**Director
Economic Development**

QUALIFICATIONS:
Bachelor’s degree in busi-
ness field or some college with
work experience in contract-
ing, procurement and federal
programs may substitute for
the bachelor’s degree. Must be
familiar with the historical ser-
vice area of the Tribes. Must
have valid Oklahoma driver’s
license. Must have graduated
from high school or possess a
GED certificate. Must pass pre-
hire drug screening.
SALARY: Negotiable

**Janitor
Operations & Maintenance**

QUALIFICATIONS:
Completion of high school
or GED required. One year ex-
perience in janitorial work de-
sirable. Must know methods,
materials, and equipment used
in custodial work. Must have
safe work habits and be physi-
cally fit with the ability to lift
up to 40 lbs. Must be able to work
independently in the absence of
supervision. Must pass drug and
alcohol testing.
SALARY: Negotiable

**Caseworker
Elder Care**

QUALIFICATIONS:
High school diploma or
GED required. Must be able to
satisfactorily pass a background
check. Must have computer
skills and be able to type. Chey-
enne-Arapaho Preference. Must
pas pre-hire drug screening.
SALARY: Negotiable

**TRIBAL TRIBUNE
DEADLINES**
The **8th** and **23rd**
of each month

**Vice President for Development and Planning
Cheyenne and Arapaho Tribal College**

Under minimal supervision, provides leadership and man-
agement of direction, planning
and execution of development
related activities for the Chey-
enne and Arapaho Tribal Col-
lege (CATC), including but not
limited to grant research, writ-
ing and execution; responsible
for establishing the CATC
as the language and cultural
capital of the Cheyenne and
Arapaho Tribes; assesses fed-
eral rules and regulations, and
identifies potential funding
sources pertaining to the ongo-
ing development of the tribal
college.

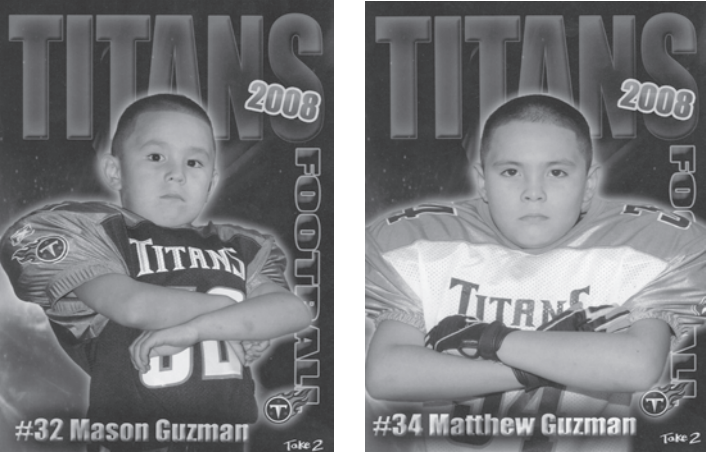
Prepares application ma-
terials, develops, organizes,
coordinates, edits, and com-
pletes proposals to the federal
government, foundations, cor-
porate sponsors, and individ-
ual donor prospects; serves as
liaison to, provides oversight
of grants, and prepares official
reports for all funding agen-
cies and organizations; serves
as public relations, outreach
coordinator and community
liaison to the Cheyenne, Arap-
aho, and other tribal and non-
tribal communities in Western
Oklahoma; serves as a faculty
member for the Cheyenne and
Arapaho Tribal Management
degree program.

Masters Degree; minimum
of three years related experi-

ence in grant writing; four
years professional experience
in grants administration field;
comprehensive knowledge of
Cheyenne and Arapaho cul-
ture, history, government and
programs; strong leadership
and interpersonal skills; strong
communication skills includ-
ing writing and speaking per-
suasively about CATC; ability
to work collaboratively within
a small decentralized work
environment, to manage mul-
tiple tasks, and a demonstrated
record of completing assign-
ments; ability to work under
pressure within tight time
constraints; ability to work
independently and as part of
a team; and knowledge of Mi-
crosoft Word, PowerPoint and
Excel required. Understanding
of college/university vision
and mission preferred.

Submit completed Applica-
tion for Staff Employment to:
Office of Human Resources,
SWOSU, 100 Campus Drive,
Weatherford, OK 73096 or
fax application material to
(580) 774-7110. Applica-
tion for Staff Employment is
available at the Office of Hu-
man Resources, Administra-
tion Building, Room 101, or
on-line at <http://www.swosu.edu/resources/forms/hr/apps/hr-staffapp-new.doc>. For additional visit www.swosu.edu.

CONGRATULATIONS



We would like to congrat-
ulate our boys on a great football
season!

Matthew’s team, the 8-year-
old Oklahoma City Titans end-
ed the season 30-1, winning the
league championship at Moore
Stadium. Mathew’s team also
won tournaments in Wichita,
Kansas and Dallas, Texas.

Happy New Year

We would like to extend
a Happy New Year to all our
families in the C-1 District,
and look forward to continuing
our work together to establish
unity in our communities.

Look for information and
flyers for upcoming commu-
nity meetings.

We would like to congratu-
late the Watonga Community
Committee for the success of
their first community powwow
held Dec. 20, 2008. You all
did an outstanding job. Your
hard work and dedication to
your community did not go
unnoticed.

Happy New Year

The Cheyenne and Arapaho
tribes C-3 office recently held
several activities for the tribal
members of their district.

During the week of Dec. 12-
15, 2008 through Dec. 18, 2008,
the C-3 office hosted dinners for
the people of the Clinton, Thom-
as, and Weatherford areas.

They also held an all kids
Christmas party on Tuesday at
the Clinton Custer County Fair-
grounds.

All those who helped orga-
nize and those in attendance
are wished many thanks and
all tribal members are welcome
and encouraged to attend all fu-
ture events.

The C-3 office recently sent
out gift baskets to our elders
who reside in nursing homes,
the VA center and those who are
homebound.

There were 25 homebound
residents that received gift bas-
kets. The VA center residents in
Clinton were Harvey Rhodes,
John Fletcher, David Pawpaw,
Solomon Stoneroad and Porerio
Armstrong.

The Thomas Nursing Center
residents in Thomas were James
Redcherries, Robert Flynn, Eu-
gene Red Hat and Charlotte
Fair.

The Weatherford Living
Center was Anthony Thunder-
bull, Truman Wassana and Ken-
dall Tallbear.

A total of 37 residents re-
ceived holiday gift baskets.

The C-3 office will be host-

Cheyenne –Arapaho Technology & Innovation

CHEYENNE & ARAPAHO
TRIBES

Department of Education

CATI Training Center
Canadian Square Shopping Center
1621D East Highway 66, El Reno, OK 73036
(405) 262-1906 or (405) 422-7638
Fax (405)262-5419

Many classes FREE to C&A members and employees

Call us for your
one-on-one or
group training

Computer Lab is open to
C&A members and employees

Self prepare your taxes
Check email - Surf Internet
Send/Receive Faxes
Your lab is open for your use

Catching a Dream.....
Cheyenne and Arapaho
Training Center
Technology and Innovation

We offer the training you
need at the times you
can attend

Computer Literacy
Microsoft Word
Microsoft Excel
Microsoft Access
Microsoft PowerPoint
Microsoft Outlook
Basic Math
CompTia A+ Preparation

Don't See the Training You Need! Call us and we'll arrange it!!

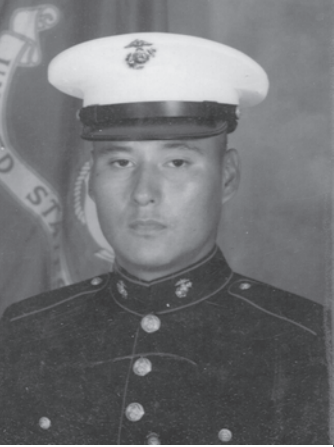
Oak Firewood For Sale
\$100 per rick split, delivered and stacked.
Concho-El Reno area-\$90 you pick up
Contact Alvin at (405) 205-6676



**SEARCHING FOR
Mike and Georgia
Emhoolah**

Please contact Sandy Roby
at (405) 269-6950 any time so
I may contact you. *Thank you.*
Freedom Shawn Heap-of-Birds

In Loving Memory



In Loving memory of our
father,

William Michael
Carpenter Sr.

Born April 18, 1960 in
Okla City, Okla. Called
home to be with the Lord
on Dec. 20., 2008.

You will be sadly missed
by your mother Georgia,
brothers Jon & Randy,
your children Sasha,
Bubba, Ty, Marti, Chelsey,
Catie and Stevie and your
grandchildren Tyla, Tytus,
Alysah Rose, Keeley, Isis,
Eli, Taelon and Josia and
all your many family and
friends...

God only takes the Best.

Notice

**Concho Community
Building**
To reserve the building
contact Special Events
Coordinator Elsie Sage

Cell: (405) 243-6289
Phone: (405) 422-7435

HELP

If you attended any
Indian boarding school
in Oklahoma or if you
know of someone who at-
tended a boarding school
and developed any sick-
ness such as respiratory
problems or other health
problems from the asbes-
tos, I would like to talk
to you. Please call me at
(405) 681-5528.

Thank you,
Sonny Goodbear

Filmmakers visit tribes

By Rosemary Stephens,
Reporter/Graphic Artist

Visitors from Italy roam the corridors in the Cheyenne and Arapaho tribes' Department of Education marveling at the Native American language interpretations hanging throughout the building.

Owners of the White Tara Film Production Company, Catherine Boyle and Gianluca Di Santo, visited the education department on Jan. 2, 2009 in El Reno, Okla. to meet with several employees of the Cheyenne and Arapaho tribes to discuss filming a documentary about the tribes.

"I love the way the language signs are placed everywhere, I believe it is an effective teaching tool," Boyle said.

Department of Education Executive Director Quinton Roman Nose; Cheyenne and Arapaho Tribal College President Dr. Henrietta Mann; Cheyenne Coordinator Gordon Yellowman; Arapaho Coordinator Michael Whitecloud, and Media Productions Manager Billy Williamson attended the meeting and gave brief accounts of what each department is involved with.

"We hope White Tara will give us national exposure on our Cheyenne and Arapaho educational studies at the college and within the department as well as bring attention to the first education tribal council meeting we held at Southwestern Oklahoma State University (SWOSU)," Roman Nose said.

White Tara Productions is an independent film production company specializing in documentaries on social and development-related issues throughout the world. They have filmed documentaries on issues in Honduras, Bangladesh, Afghanistan and more.

The production company is currently involved in documenting

the investigation into Canada's Indian residential schools.

"We first learned of the Cheyenne and the Arapaho tribes in 1998 when the Darlington School Project was implemented by IICherichio out of Italy," Di Santo said. "The people in Europe are interested in the history of the Cheyenne tribes and Arapaho tribes and we are hoping to collaborate with the tribes in filming this documentary."

The Darlington School Project was sponsored by a group of Italians, who donated \$5,000 to pay the salaries of Cheyenne and Arapaho elders to teach the Cheyenne and Arapaho languages to students at Darlington School in 1998. Boyle and Di Santo hoped to gain follow-up information regarding the Darlington School Project, however, no one was available to address the outcome of the project.

"We would really like to talk to anyone who can tell us about the outcome of the Darlington School Project," Boyle said. "If anyone does know about the project or participated in it, I would love for them to email me, catherine@whitetara.org."

Boyle graduated from Harvard University in 1990 with a degree in Russian and Soviet Studies and a master's degree in documentary filmmaking. Di Santo is a photographer and software engineer. Together the two began White Tara Production Company based out of Italy.

The documentary collaboration between White Tara Productions and the tribes will begin with focus on the department of education's initiatives to promote the teaching of the Cheyenne and Arapaho languages and preserving cultural traditions Boyle said and lead into the history of both tribes with special focus on the history of boarding schools.



Photo by Rosemary Stephens

Quinton Roman Nose and Dr. Henrietta Mann present filmmakers, Catherine Boyle and GianLuca Di Santo with a Cheyenne and Arapaho tribal sign..

Boyle and Di Santa were presented with the tribe's four language books, dried buffalo meat, bags and other gifts.

For more information about White Tara Production Company, visit www.whitetara.org and for more information on the documentary contact Quinton Roman Nose at qromannose@c-a-tribes.org.

meth

Continued from page 1

and face the same issues."

According to www.stopmethaddiction.com, methamphetamine was discovered in 1919 in Japan. Legally manufactured dextroampetamine or Dexedrine and methamphetamine or Methedrine tablets became available in the United States during the 1950s. Soon injectable methamphetamine became increasingly more available.

The Web site also states that more and more methamphetamine is being produced and smuggled into the United States from Mexico.

Juneau said significant quantities of meth are smuggled from Mexico and drug cartels specifically target Indian Country for sells.

He said the cartels see Indian Country as rural, spread out and based upon what is seen in some media outlets; the cartels see Indian Country as an addictive society. He mentioned the stories on alcoholism in Indian Country and also what the communities look like.

With broken windows and dilapidated houses the outside perspective is that nobody cares and cartels know resources are 40 percent from what they should be in Indian Country.

They see "there's clientele there," he said.

Juneau shared examples from three cases he worked on. One example is from the Wind River reservation in Wyoming. He said a Mexican drug trafficker read a story in the *Denver Post* about four million cans of alcohol being consumed per year on the reservation. Soon the traffickers reached out to gangs established in Los Angeles and they descended upon several reservations.

He said the drug traffickers began to build the addictive base by going to local clubs and buying up drinks, giving out free drug samples and even marrying girls from the reservation who had specific connections. One of the goals of the traffickers was to take over the tribal government.

Eventually 98 pounds of drugs were destroyed in the Wind River reservation. "You need to know what you're enemy is up to," Juneau said.

He also said when someone new shows up in a community, people need to ask who they are.

Juneau also spoke about indictments of tribal authorities; gangs and the effects drugs have not only on the users but also on communities, programs and services. He said social services cases and tribal court cases are up.

"The solution to the meth issue requires tribal cooperation between service programs and short and long term strategies to address the secondary impact," Juneau said.

Citty said his biggest complaint is the lack of treatment on the rehabilitation side.

"We have a lot of dealers (but) there's a lot more addicts."

Lamar shared a story about helping to clean up an Oklahoma City housing project community. He said he remembers people in cars lined up in broad daylight waiting to buy drugs. Eventually the place changed and arrests were made, but Lamar remembers there being handfuls of boys arrested who did not have a father figure in their lives, had children of their own, and were now going to be absent in their children's lives.

"We are not going to arrest our way out of this problem," Lamar said. "We got to think and we got to figure out strategies."

Finch said meth labs are easy to set up and listed a few of the ingredients used in meth, such as alcohol, gasoline and battery acid.

"That's the kind of stuff being shipped into our communities and distributed to our kids," Finch said. "It's a war we'll continue to fight."

Finch said meth is known as the poor man's cocaine and did not used to be the drug of choice. He said gangs primarily get drugs to people, and it's the customers that draw in drugs to their communities.

"I want to get to the source. I want to find out how it got into our state; how it got into our country," Finch said. "I demand you hold me accountable."

According to the National Institute on Drug Abuse (NIDA) Web site, "Methamphetamine is a white, odorless, bitter-tasting crystalline powder that easily dissolves in water or alcohol and is taken orally, intranasally (snorting the powder), by needle injection, or by smoking."

The Web site states meth changes brain functions, reduces motor skills, impairs verbal learning.

"Recent studies in chronic methamphet-

amine abusers have also revealed severe structural and functional changes in areas of the brain associated with emotion and memory, which may

account for many of the emotional and cognitive problems observed in chronic methamphetamine abusers," the Web site states.

METH USER SYMPTOMS

- "Users may experience: agitation, excited speech, decreased appetites, and increased physical activity levels (Other common symptoms include dilated pupils, nausea and vomiting, diarrhea, and elevated body temperature). Occasional episodes of sudden and violent behavior, intense paranoia, visual and auditory hallucinations, and bouts of insomnia. A tendency to compulsively clean and groom and repetitively sort and disassemble objects such as cars and other mechanical devices."
- increased heart rate, blood pressure, and respiration
 - flushed or tense appearance
 - dilated pupils
 - bloodshot eyes
 - a chemical odor on their breath
 - excessive sweating
 - rapid speech
 - inability to sleep or eat
 - severe weight loss
 - rotting teeth
 - scars and open sores
 - paranoia
 - hallucinations (often times auditory)
 - repetitive behavior
 - memory loss
 - depression
 - psychosis
 - teeth grinding
 - restlessness
 - tremors

Information from: <http://www.stopmethaddiction.com>

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Photos by Rosemary Stephens
Tribal employee tail-gate party held on Thursday, Jan. 8, 2009 at the tribal complex.